

Which bone disease is characterized by a decrease in bone density and quality

- A. Arthritis
- B. Osteoporosis
- C. Rheumatoid Arthritis
- D. Osteoarthritis

Osteoporosis primarily affects which demographic group

- A. Pregnant women
- B. Children
- C. Teenage boys
- D. Postmenopausal women

What is the most common cause of osteoporosis

- A. Excessive exercise
- B. Vitamin D deficiency
- C. High calcium intake
- D. Loss of estrogen

Which bone disease is caused by excessive breakdown and formation of bone tissue

- A. Paget's disease
- B. Osteoporosis
- C. Rickets
- D. Bone cancer

What is the primary symptom of Paget's disease of the bone

- A. Bone pain

- B. Fever
- C. Headache
- D. Fatigue

Which bone disease is characterized by inflammation of the joints and surrounding tissue?

- A. Osteoporosis
- B. Gout
- C. Rheumatoid arthritis
- D. Scoliosis

Rheumatoid arthritis primarily affects which joints in the body?

- A. Knees
- B. Small joints in the hands and feet
- C. Shoulders
- D. Hips

What is the primary cause of rheumatoid arthritis?

- A. Autoimmune response
- B. Infection
- C. Genetics
- D. Aging

Which bone disease is caused by an abnormal immune response attacking the joints?

- A. Osteoporosis
- B. Gout
- C. Scoliosis
- D. Rheumatoid arthritis

What is a common treatment for rheumatoid arthritis

- A. Antibiotics
- B. NSAIDs
- C. Corticosteroids
- D. Physical therapy

Which bone disease is characterized by the loss of cartilage in the joints, leading to

- A. Osteoporosis
- B. Rheumatoid arthritis
- C. Osteoarthritis
- D. Gout

What is the primary symptom of osteoarthritis

- A. Headache
- B. Fever
- C. Cough
- D. Joint pain

What is a common risk factor for developing osteoarthritis

- A. Not engaging in physical activities
- B. Eating a balanced diet
- C. Aging
- D. Exercising regularly

Which bone disease is characterized by the inflammation of the sacroiliac joints and

- A. Osteoporosis

- B. Osteoarthritis
- C. Rheumatoid arthritis
- D. Ankylosing spondylitis

What is a common symptom of ankylosing spondylitis

- A. Fever
- B. Headache
- C. Back pain
- D. Stomach ache

What is the primary cause of ankylosing spondylitis

- A. Genetics
- B. Injury
- C. Infection
- D. Age

Which bone disease is characterized by the softening and weakening of bones in children

- A. Scoliosis
- B. Osteoporosis
- C. Rickets
- D. Arthritis

What is the primary cause of rickets

- A. Vitamin D deficiency
- B. Lack of sunlight exposure
- C. Genetic factors
- D. Excessive calcium intake

What is a common symptom of rickets

- A. Fever
- B. Headache
- C. Bone deformities
- D. Cough

Which bone disease is caused by a lack of vitamin D or calcium in the diet

- A. Scoliosis
- B. Rickets
- C. Osteoporosis
- D. Arthritis

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